



## MINI FOOTY – OVERVIEW

It is generally accepted that "children are not little adults" and they should be allowed an introductory educational period where they may more easily - and without excessive pressure - learn the fundamentals of Rugby League.

**Mini Footy**, part of the ARL's Modified Games Program, is the 'entry level' game for players aged between 6 and 9 years.

**Mini Footy** is based on the principle of learning through involvement, fun and enjoyment. It also gives due regard to a child's immaturities and allows them to learn more readily by playing in an environment that is suitable to them, with reduced field size and equipment.

The game of **Mini Footy** has many specially designed rules:

- Matches are played over three ten minute periods to cater for the concentration/attention span of youngsters
- Every player is to play a minimum of one full period
- There are only eight players per team on the field at any one time
- The four tackle law applies
- The football cannot be kicked in general play
- Tackles are only allowed below the armpits
- Matches are played on a smaller field and with a smaller football
- Matches are under the control of accredited Coaches, Referees and First Aid Officers
- The ARL National Code of Conduct and SafePlay Code are strictly enforced



Australian Government  
Australian Sports Commission